



TEAM

Wellness at Work



Skilled
counselors
available

24/7

to help you
solve
everyday
problems

Confidential Services:

- Alcohol or Drug Problems
- Depression/Anxiety
- Behavioral Concerns
- Relationship Challenges
- Family/Parenting Issues
- Grief and Loss
- Stress Management
- Job-Related Difficulties
- Legal and Financial Problems

*Short term counseling is FREE
to members, spouses and
dependents*



Roseville Office Plaza
1970 Oakcrest Ave.
Suite 200
Roseville, MN 55113

Duluth Labor Temple
2002 London Road
Suite 95
Duluth, MN 55812

651.642.0182

218.727.8589

Toll Free: 800.634.7710

www.team-mn.com